

IMPACT REPORT



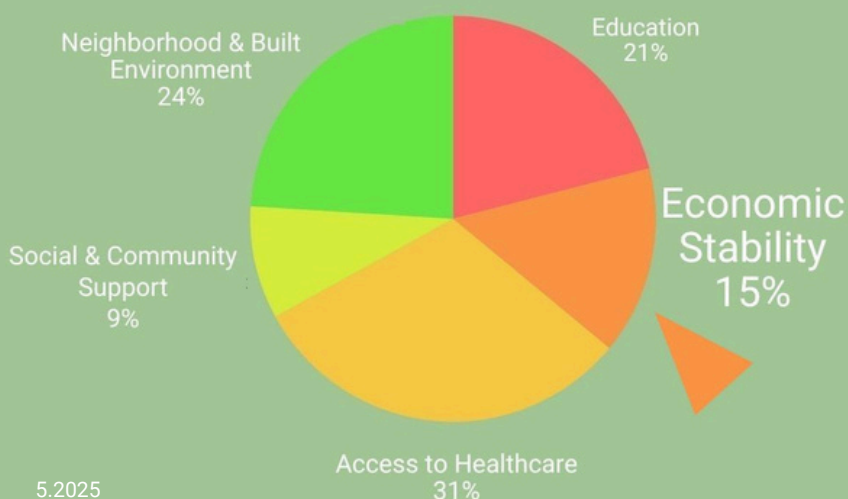
NANTAHALA
HEALTH FOUNDATION

A Catalyst for Innovation and Collaboration

Nantahala Health Foundation is addressing the factors that impact health in Western North Carolina. We believe the best way to remove barriers to health is to invest in community organizations: their work and their people.

Being economically stable means having access to the things you need – and eliminates the things you don't, like stress.

HEALTH & WELLBEING INVESTMENTS



5.2025

Economic Stability

\$592,892

Invested



Tenia's Story

Tenia* is a young single mother raising a son on the Autism Spectrum. When she applied for a vehicle through Rolling Start NC, she was struggling to find transportation for daily activities and errands, such as grocery shopping or taking her son to school.

Since her son is autistic, riding a bus was traumatizing for him.

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Tenia's Story: Breaking the Cycle of Poverty With a New-to-Her Vehicle

Tenia was unemployed and wanted to return to the workforce so that her son's medical and developmental needs could be met. She wanted above all else to become financially stable and provide a better life for her son.

Providing refurbished vehicles for people in need involves local business partners, donors, volunteers and grantors. Rolling Start NC was able to refurbish and award Tenia a vehicle, thanks in part to grant funds from Nantahala Health Foundation.

Tenia was awarded a 2005 Chevy Malibu, and she recently sent Rolling Start a letter telling how the car has improved and impacted her life.



"Since receiving my car, my life has been impacted in so many ways," she said. "I am now working; I'm able to drive my son to school and his doctor appointments; I visited my father over the summer; I can take my son to the park; and I can help others who need a ride. My son and I are very grateful for this blessing."

Thanks to Nantahala Health Foundation and other donors, Rolling Start NC has refurbished and presented more than 51 vehicles to those in need in just over 3 1/2 years. The impact of their vehicle presentations on the recipients provides a respectable track record and has given Rolling Start validity as a new nonprofit. As a result, Rolling Start NC has leveraged additional support from the Sylva Rotary and Jackson County government, as well as significant support from community members.

**Names changed to protect identities.*